

## CURRICULUM VITAE

### General information

Name: Danilo Rodrigues Pereira da Silva

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### Qualifications

2006-2009: Under graduation in Physical Education, Londrina State University, Londrina, PR,  
Brazil

2010-2012: MSc in Physical Education, Londrina State University, Londrina, PR, Brazil

2013-2017: PhD in Physical Education, Londrina State University, Londrina, PR, Brazil

### Teaching activities

Physical Activity, Growth and Development

Physical Activity and Health

Physical Activity Epidemiology

### Ad hoc Reviewer

Revista Brasileira de Atividade Física e Saúde

Journal of Healthcare Engineering

International Journal of Sports Medicine

Plos One

Annals of Human Biology

European Journal of Pediatrics

American Journal of Human Biology

Pediatric Exercise Science

Metabolic Syndrome and Related Disorders

Revista Brasileira de Cineantropometria & Desempenho Humano

Motriz: Revista de Educação Física (Online)

Mental Health and Physical Activity

Journal of Physical Activity & Health

International Journal of Environmental Research and Public Health

Revista Brasileira de Epidemiologia

BMJ Open

### **Funding projects**

2017/2018 International Society of Behavioral Nutrition and Physical Activity LMIC

Scholarship Grant. Project: Effectiveness of a classroom-based physical activity intervention on sedentary behavior, cognitive function and academic achievement in youth (US\$3,000)

2018/2020 Leader Project CNPq. Project: Efeitos da dinamização da sala de aula sobre a função cognitiva, desempenho escolar e indicadores de saúde em jovens: um ensaio clínico aleatorizado por cluster. (Process number: 423706/2018-7 [Brazilian currency R\$ R\$ 20,996.50]).

2018/2020 MS/CNPq/FAPITEC/SE/SES (PPSUS). Project: Efeito do treinamento isométrico de handgrip não supervisionado sobre a pressão arterial ambulatorial de hipertensos: um estudo multicêntrico. (Process number: 019.203.00937/2018-9 [Brazilian currency R\$ R\$ 39.775,00]).

### **Current postgraduate supervision**

#### *Master degree*

Luciana Leite Silva Barboza

Ellen Caroline Mendes da Silva

#### *PhD degree*

Maria Raquel de Oliveira Bueno

#### *Post Doctoral*

Aluísio Henrique Rodrigues de Andrade Lima

### **Published papers**

1. WERNECK, A. O. ; SILVA, D.R.P. ; COLLINGS, P. ; FERNANDES, R. A. ; RONQUE, E.R.V. ; SARDINHA, L. B. ; CYRINO, E. S. . Prenatal, biological and environmental factors associated with physical activity maintenance from childhood to adolescence. *Ciencia & Saude Coletiva*, v. 24, p. 1199-1208, 2019.

2. WERNECK, A. O. ; SILVA, D.R.P. ; OYEYEMI, A. L. ; FERNANDES, R. A. ; ROMANZINI, M. ; CYRINO, E. S. ; ARRUDA, M. ; RONQUE, E.R.V. . Tracking of physical fitness in elementary school children: the role of changes in body fat. AMERICAN JOURNAL OF HUMAN BIOLOGY, v. eFirst, p. e23221, 2019.
3. RESENDE-NETO, A. G. ; SANTOS, M. S. ; SILVA, D.R.P. ; SANTANA, J. M. ; SILVA-GRIGOLETTO, M. E. . Treinamento funcional versus treinamento de força tradicional: efeitos na dor muscular tardia e na aptidão funcional em idosos. Revista Andaluza de Medicina Del Deporte, v. 12, p. 1-6, 2019.
4. FONTES, A. S. ; SANTOS, M. S. ; ALMEIDA, M. B. ; MARIN, P. ; SILVA, D.R.P. ; SILVA-GRIGOLETTO, M. E. . Inter-day reliability of the Upper Body Test for shoulder and pelvic girdle stability in adults. Brazilian Journal of Physical Therapy, p. 1-6, 2019.
5. SILVA, D.R.P.; WERNECK, A. O. ; TOMELERI, C. M. ; FERNANDES, R. A. ; RONQUE, E.R.V. ; CYRINO, E.S. . Screen-based sedentary behaviors, mental health, and social relationships among adolescents. Motriz, v. 23, p. e101786, 2018.
6. WERNECK, A. O. ; OYEYEMI, A. L. ; FERNANDES, R. A. ; ROMANZINI, M. ; RONQUE, E.R.V. ; CYRINO, E. S. ; SARDINHA, L. B. ; SILVA, D.R.P. . Regional Socioeconomic Inequalities in Physical Activity and Sedentary Behavior Among Brazilian Adolescents. Journal of Physical Activity & Health, v. eFirst, p. 1-7, 2018.
7. WERNECK, A. O. ; CYRINO, E.S. ; COLLINGS, P. ; RONQUE, E.R.V. ; SZWARCOWALD, C. L. ; SARDINHA, L. B. ; SILVA, D.R.P. . TV Viewing in 60,202 Adults From the National Brazilian Health Survey: Prevalence, Correlates, and Associations With Chronic Diseases. Journal of Physical Activity & Health, v. eFirst, p. 1-6, 2018.
8. WERNECK, A. O. ; SILVA, D.R.P. ; AGOSTINETE, R. R. ; FERNANDES, R. A. ; RONQUE, E.R.V. ; OYEYEMI, A. L. ; CYRINO, E.S. . Relationship of Parental and Adolescents' Screen Time to Self-Rated Health: A Structural Equation Modeling. HEALTH EDUCATION & BEHAVIOR, v. eFirst, p. 1-8, 2018.
9. RIBEIRO, A. S. ; PEREIRA, L. C. ; SILVA, D.R.P. ; SANTOS, L. ; SCHOENFELD, B. J. ; TEIXEIRA, D. C. ; CYRINO, E. S. ; GUEDES, D. P. . Physical Activity and Sitting Time are Specifically Associated With Multiple Chronic Diseases and Medicine Intake in Brazilian Older Adults. JOURNAL OF AGING AND PHYSICAL ACTIVITY, v. eFirst, p. 1-19, 2018.
10. SILVA, D.R.P.; MINDERICO, C. S. ; PINTO, F. ; COLLINGS, P. ; CYRINO, E.S. ; SARDINHA, L. B. . Impact of a classroom standing desk intervention on daily objectively measured sedentary behavior and physical activity in youth. JOURNAL OF SCIENCE AND MEDICINE IN SPORT, v. eFirst, p. 1-6, 2018.
11. WERNECK, A. O. ; OYEYEMI, A. L. ; SILVA, D.R.P. . Physical activity and depression: is 150 min/week of moderate to vigorous physical activity a necessary threshold for decreasing risk of depression in adults? Different views from the same data. SOCIAL PSYCHIATRY AND PSYCHIATRIC EPIDEMIOLOGY, p. 323-324, 2018.
12. WERNECK, A. O. ; SILVA, D.R.P. ; AGOSTINETE, R. R. ; FERNANDES, R. A. ; RONQUE, E.R.V. ; CYRINO, E.S. . Social, behavioral and biological correlates of cardiorespiratory fitness according to sex, nutritional status and maturity status among youth. Sao Paulo Medical Journal, v. eFirst, p. 1, 2018.
13. WERNECK, A. O. ; SILVA, D.R.P. ; FERNANDES, R. A. ; RONQUE, E.R.V. ; COELHO-E-SILVA, M. J. ; CYRINO, E.S. . Sport Participation and Metabolic Risk During

Adolescent Years: A Structured Equation Model. INTERNATIONAL JOURNAL OF SPORTS MEDICINE, p. 1, 2018.

14. CAVALCANTE, E. F. ; RIBEIRO, A.S. ; NASCIMENTO, M. A. ; SILVA, A. M. ; TOMERELI, C. M. ; NABUCO, H. C. G. ; PINA, F. L. C. ; MAYHEW, J. L. ; SILVA-GRIGOLETTO, M. E. ; SILVA, D.R.P. ; FLECK, S. J. ; CYRINO, E. S. . Effects of Different Resistance Training Frequencies on Fat in Overweight/Obese Older Women. INTERNATIONAL JOURNAL OF SPORTS MEDICINE, p. 1, 2018.

15. NASCIMENTO, M. A. ; SILVA, D.R.P. ; RIBEIRO, A.S. ; PINA, F. L. C. ; GERAGE, A. M. ; GOBBO, L.A. ; MAYHEW, J. L. ; CYRINO, E.S. . Agreement Between Bioelectrical Impedance and Dual-Energy X-Ray Absorptiometry to Track Changes in Fat-Free Mass After Resistance Training in Older Women. JOURNAL OF STRENGTH AND CONDITIONING RESEARCH, p. 1, 2018.

16. WERNECK, A. O. ; OYEYEMI, A. L. ; GERAGE, A. M. ; CYRINO, E.S. ; SZWARCOWALD, C. L. ; SARDINHA, L. B. ; SILVA, D.R.P. . Does leisure-time physical activity attenuate or eliminate the positive association between obesity and high blood pressure in Brazilian adults and older adults?. The Journal of Clinical Hypertension, v. eFirst, p. 1, 2018.

17. WERNECK, A. O. ; OYEYEMI, A. L. ; CYRINO, E. S. ; RONQUE, E.R.V. ; SZWARCOWALD, C. L. ; COELHO-E-SILVA, M. J. ; SILVA, D.R.P. . Association between age at menarche and blood pressure in adulthood: is obesity an important mediator?. HYPERTENSION RESEARCH, p. 1, 2018.

18. WERNECK, A. O. ; COELHO-E-SILVA, M. J. ; PADILHA, C. S. ; RONQUE, E.R.V. ; CYRINO, E.S. ; SZWARCOWALD, C. L. ; SILVA, D.R.P. . Age at menarche and cancer risk at adulthood. ANNALS OF HUMAN BIOLOGY, p. 1-4, 2018.

19. WERNECK, A. O. ; OYEYEMI, A. L. ; SZWARCOWALD, C. L. ; VANCAMPFORT, D. ; SILVA, D.R.P. . Associations between TV viewing and depressive symptoms among 60,202 Brazilian adults: the Brazilian National Health Survey. JOURNAL OF AFFECTIVE DISORDERS, v. eFirst, p. 1, 2018.

20. WERNECK, A. O. ; SILVA, D.R.P. ; BUENO, M. R. O. ; FERNANDES, R. A. ; RONQUE, E.R.V. . Body adiposity from childhood to adolescence in boys: Interaction with somatic maturity. AMERICAN JOURNAL OF HUMAN BIOLOGY, p. e23151, 2018.

21. NASCIMENTO, M. A. ; GERAGE, A. M. ; SILVA, D.R.P. ; RIBEIRO, A. S. ; MACHADO, D. G. S. ; PINA, F. L. C. ; TOMERELI, C. M. ; VENTURINI, D. ; BARBOSA, D.S. ; MAYHEW, J. L. ; CYRINO, E. S. . Effect of resistance training with different frequencies and subsequent detraining on muscle mass and appendicular lean soft tissue, IGF-1, and testosterone in older women. European Journal of Sport Science, p. 1-9, 2018.

22. WERNECK, A. O. ; VANCAMPFORT, D. ; OYEYEMI, A. L. ; STUBBS, B. ; SILVA, D.R.P. . Associations between TV viewing, sitting time, physical activity and insomnia among 100,839 Brazilian adolescents. PSYCHIATRY RESEARCH, v. 269, p. 700-706, 2018.

23. NASCIMENTO, M. A. ; GUILHERME, F. R. ; FERREIRA, S. A. ; JANUÁRIO, R. S. B. ; RIBEIRO, A. S. ; VOLTARELLI, F. ; CYRINO, L. T. ; SUGIHARA JUNIOR, P. ; SILVA, D.R.P. ; QUEIROGA, M. R. . Hydration status, sweating rate, heart rate and perceived exertion after running sessions in different relative humidity conditions: a randomized controlled trial. REVISTA BRASILEIRA DE CIÊNCIAS DO ESPORTE, v. eFirst, p. 1-7, 2018.

24. WERNECK, A. O. ; OYEYEMI, A. L. ; SZWARCOWALD, C. L. ; SILVA, D.R.P. . Association between physical activity and alcohol consumption: sociodemographic and behavioral patterns in Brazilian adults. *JOURNAL OF PUBLIC HEALTH*, p. 1-7, 2018.
25. WERNECK, A. O. ; LIMA, M. C. S. ; AGOSTINETE, R. R. ; SILVA, D.R.P. ; TURI-LYNCH, B. C. ; CODOGNO, JAMILE S. ; FERNANDES, R. A. . Association between sports participation in early life and arterial intima-media thickness among adults. *Medicina-Lithuania*, v. 54, p. 85, 2018.
26. SANTOS, M. S. ; VERA-GARCIA, F. J. ; CHAVES, L. M. S. ; BRANDAO, L. H. A. ; SILVA, D.R.P. ; SILVA-GRIGOLETTO, M. E. . Are core exercises important to functional training protocols?. *Revista Andaluza de Medicina Del Deporte*, v. 11, p. 237-244, 2018.
27. GOUVEA, M. A. ; CYRINO, E. S. ; VALENTE-DOS-SANTOS, J. ; RIBEIRO, A. S. ; SILVA, D.R.P. ; OHARA, D. ; COELHO-E-SILVA, M. J. ; RONQUE, E.R.V. . Comparison of Skillful vs. Less Skilled Young Soccer Players on Anthropometric, Maturation, Physical Fitness and Time of Practice. *INTERNATIONAL JOURNAL OF SPORTS MEDICINE*, p. 384-395, 2017.
28. SILVA, R. G. ; SILVA, D.R.P. ; PINA, F. L. C. ; NASCIMENTO, M. A. ; RIBEIRO, A.S. ; CYRINO, E.S. . Effect of two different weekly frequencies of resistance training on blood pressure in normotensive older women. *Revista Brasileira de Cineantropometria & Desempenho Humano*, v. 19, p. 118-127, 2017.
29. SILVA, D.R.P.; WERNECK, A. O. ; COLLINGS, P. ; FERNANDES, R. A. ; BARBOSA, D. S. ; RONQUE, E.R.V. ; SARDINHA, L. B. ; CYRINO, E.S. . Family history of cardiovascular disease and parental lifestyle behaviors are associated with offspring cardiovascular disease risk markers in childhood. *AMERICAN JOURNAL OF HUMAN BIOLOGY*, v. 29, p. e22995, 2017.
30. SILVA, D.R.P.; WERNECK, A. O. ; COLLINGS, P. ; OHARA, D. ; FERNANDES, R. A. ; BARBOSA, D. S. ; RONQUE, E.R.V. ; SARDINHA, L. B. ; CYRINO, E.S. . Cardiorespiratory fitness effect may be under-estimated in fat but fit' hypothesis studies. *ANNALS OF HUMAN BIOLOGY*, v. 44, p. 237-242, 2017.
31. LIMA, M. C. S. ; TURI, BRUNA C. ; SILVA, D.R.P. ; RITTI-DIAS, R. M. ; CUCATO, G. G. ; CODOGNO, JAMILE S. ; FERNANDES, R. A. . Sport participation in pediatric age affects modifications in diabetes markers in adulthood. *International Journal of Diabetes in Developing Countries*, v. 37, p. 452-458, 2017.
32. WERNECK, A. O. ; SILVA, D.R.P. ; COLLINGS, P. ; FERNANDES, R. A. ; RONQUE, E.R.V. ; COELHO-E-SILVA, M. J. ; SARDINHA, L. B. ; CYRINO, E.S. . Birth weight, biological maturation and obesity in adolescents: a mediation analysis. *Journal of Developmental Origins of Health and Disease*, v. 8, p. 502-507, 2017.
33. NASCIMENTO, M. A. ; RIBEIRO, A. S. ; PADILHA, C. S. ; SILVA, D.R.P. ; MAYHEW, J. L. ; CAMPOS FILHO, M. G. A. ; CYRINO, E.S. . Reliability and smallest worthwhile difference in 1RM tests according to previous resistance training experience in young women. *BIOLOGY OF SPORT*, v. 34, p. 279-285, 2017.
34. TREMBLAY, M. S. ; AUBERT, S. ; BARNES, J. D. ; SAUNDERS, T. J. ; LATIMER-CHEUNG, A. E. ; CHASTIN, S. F. ; ALTENBURG, T. M. ; CHINAPAW, M. J. ; SILVA, D.R.P. ; SBRN Terminology Consensus Project Participants . Sedentary Behavior Research Network (SBRN) - Terminology Consensus Project Process and Outcome. *International Journal of Behavioral Nutrition and Physical Activity*, v. 14, p. 1-17, 2017.

35. SILVA, D.R.P.; WERNECK, A. O. ; COLLINGS, P. ; FERNANDES, R. A. ; BARBOSA, D. S. ; RONQUE, E.R.V. ; SARDINHA, L. B. ; CYRINO, E.S. . Physical activity maintenance and metabolic risk in adolescents. *JOURNAL OF PUBLIC HEALTH*, v. eFirst, p. 1-8, 2017.

36. WERNECK, A. O. ; SILVA, D.R.P. . Talking about mediation in health and physical activity sciences. *ATHEROSCLEROSIS*, v. 264, p. 125-126, 2017.

37. WERNECK, A. O. ; SILVA, D.R.P. ; COLLINGS, P. ; FERNANDES, R. A. ; RONQUE, E.R.V. ; COELHO-E-SILVA, M. J. ; SARDINHA, L. B. ; CYRINO, E.S. . Biocultural approach of the association between maturity and physical activity in youth. *Jornal de Pediatria*, v. eFirst, p. 1-10, 2017.

38. GOUVEA, M. A. ; CYRINO, E. S. ; RIBEIRO, A.S. ; SILVA, D.R.P. ; OHARA, D. ; VALENTE-DOS-SANTOS, J. ; COELHO-E-SILVA, M. J. ; RONQUE, E.R.V. . Influence of Skeletal Maturity on Size, Function and Sport-specific Technical Skills in Youth Soccer Players. *International Journal of Sports Medicine*, v. 37, p. 464-469, 2016.

39. SILVA, DANILO R.P.; FERNANDES, RÔMULO A. ; OHARA, DAVID ; COLLINGS, PAUL J. ; SOUZA, MARIANA F. ; TOMELERI, CRISIELI M. ; RONQUE, ENIO R.V. ; SARDINHA, LUÍS B. ; CYRINO, EDILSON S. . Correlates of sports practice, occupational and leisure-time physical activity in Brazilian adolescents. *American Journal of Human Biology*, v. 28, p. 112-117, 2016.

40. WERNECK, A. O. ; SILVA, D.R.P. ; CYRINO, E.S. . Commentary surrounding the article: -Lifestyle mediates seasonal changes in metabolic health among the Yakut (Sakha) of Northeastern Siberia-. *American Journal of Human Biology*, p. 954-955, 2016.

41. WERNECK, ANDRÉ O. ; SILVA, DANILO R. ; COLLINGS, PAUL J. ; FERNANDES, RÔMULO A. ; RONQUE, ENIO R.V. ; BARBOSA, DÉCIO S. ; CYRINO, EDILSON S. . Biological Maturation, Central Adiposity, and Metabolic Risk in Adolescents: A Mediation Analysis. *Childhood Obesity*, v. 12, p. 377-383, 2016.

42. WERNECK, ANDRÉ O. ; SILVA, DANILO R. P. ; SOUZA, MARIANA F. ; CHRISTOFARO, DIEGO G. D. ; TOMELERI, CRISIELI M. ; FERNANDES, RÔMULO A. ; RONQUE, ENIO R.V. ; COELHO-E-SILVA, MANUEL J. ; SARDINHA, LUÍS B. ; CYRINO, EDILSON S. . Correlates of Blood Pressure According to Early, On Time, and Late Maturation in Adolescents. *The Journal of Clinical Hypertension (Greenwich, Conn.)*, v. 18, p. 424-430, 2016.

43. CAYRES, SUZIANE U. ; VANDERLEI, LUIZ CARLOS M. ; SILVA, DANILO R. P. ; LIMA, MANOEL CARLOS S. ; BARBOSA, MAURÍCIO F. ; FERNANDES, RÔMULO A. . Cardiovascular and metabolic risk markers are related to parasympathetic indices in pre-pubertal adolescents. *Cardiology in the Young*, v. 26, p. 280-287, 2016.

44. RIBEIRO, ALEX S. ; PINA, FÁBIO LUIZ C. ; DODERO, SORAYA R. ; SILVA, DANILO R. P. ; SCHOENFELD, BRAD J. ; SUGIHARA, PAULO ; FERNANDES, RODRIGO R. ; BARBOSA, DÉCIO S. ; CYRINO, EDILSON S. ; TIRAPEGUI, JULIO . Effect of Conjugated Linoleic Acid Associated with Aerobic Exercise on Body Fat and Lipid Profile in Obese Women: A Randomized, Double-Blinded, and Placebo-Controlled Trial. *International Journal of Sport Nutrition and Exercise Metabolism*, v. 26, p. 135-144, 2016.

45. SILVA, D.R.P.; WERNECK, A. O. ; COLLINGS, P. ; TOMERELI, C. M. ; FERNANDES, R. A. ; RONQUE, E.R.V. ; VENTURINI, D. ; BARBOSA, D. S. ; COELHO-E-SILVA, M. J. ; SARDINHA, L. B. ; CYRINO, E. S. . Cardiorespiratory fitness is related to metabolic risk

independent of physical activity in boys but not girls from Southern Brazil. *American Journal of Human Biology*, v. 28, p. 534-538, 2016.

46. TOMELERI, C. M. ; RONQUE, E.R.V. ; SILVA, D.R.P. ; CARDOSO JUNIOR, C. G. ; FERNANDES, R. A. ; TEIXEIRA, D. C. ; BARBOSA, D. S. ; VENTURINI, D. ; OKINO, A. M. ; OLIVEIRA, J. A. ; CYRINO, E. S. . Prevalence of dyslipidemia in adolescents: Comparison between definitions. *Revista Portuguesa de Cardiologia*, v. 34, p. 103-109, 2015.

47. RIBEIRO, A.S. ; SCHOENFELD, B. J. ; SILVA, D.R.P. ; PINA, F. L. C. ; GUARIGLIA, D. A. ; PORTO, M. ; MAESTA, N. ; BURINI, R. C. ; CYRINO, E.S. . Effect of Two- Versus Three-Way Split Resistance Training Routines on Body Composition and Muscular Strength in Bodybuilders: A Pilot Study. *International Journal of Sport Nutrition and Exercise Metabolism (Print)*, v. 25, p. 559-565, 2015.

48. SILVA, D. R.; OHARA, D. ; TOMELERI, C. M. ; BATISTA, M. B. ; FERNANDES, R. A. ; RONQUE, E. R. ; SARDINHA, L. B. ; CYRINO, E. S. . Association between risk behaviors and adiposity indicators in adolescents from Southern Brazil: A methodological approach. *Journal of Child Health Care*, v. 20, p. 314-323, 2015.

49. PADILHA, CAMILA DE SOUZA ; RIBEIRO, ALEX SILVA ; SILVA, DANILO RODRIGUES PEREIRA DA ; NASCIMENTO, MATHEUS AMARANTE DO ; OKINO, ALESSANDRA MIYUKI ; VENTURINI, DANIELLE ; BARBOSA, DÉCIO SABBATINI ; CYRINO, EDILSON SEPERLONI . Efeito do treinamento com pesos e do destreinamento sobre o estresse oxidativo em mulheres idosas obesas. *Revista Brasileira de Cineantropometria & Desempenho Humano (Online)*, v. 17, p. 517-526, 2015.

50. SANTOS, L. ; OLKOSKI, M. M. ; SILVA, D.R.P. ; OHARA, D. ; SONIGO, J. ; ROMBALDI, A. J. . Nível de atividade física, indicadores clínicos e qualidade de vida de pessoas vivendo com HIV/AIDS. *Revista Brasileira de Atividade Física e Saúde*, v. 19, p. 711-720, 2014.

51. RIBEIRO, ALEX S. ; ROMANZINI, MARCELO ; DIAS, DOUGLAS F. ; OHARA, DAVID ; DA SILVA, DANILO R. P. ; ACHOUR, ABDALLAH ; AVELAR, ADEMAR ; CYRINO, EDILSON S. . Static Stretching and Performance in Multiple Sets in the Bench Press Exercise. *Journal of Strength and Conditioning Research*, v. 28, p. 1158-1163, 2014.

52. AVELAR, A. ; RIBEIRO, A. S. ; TRINDADE, M. C. C. ; SILVA, D.R.P. ; TIRAPEGUI, J. ; CYRINO, E. S. . Efeito de 16 semanas de treinamento com pesos sobre a força muscular de mulheres não treinadas. *Revista da Educação Física (UEM. Impresso)*, v. 24, p. 649-658, 2013.

53. BARQUILHA, G. ; RIBEIRO, A. S. ; SILVA, D.R.P. ; OLIVEIRA, J. C. ; AZEVEDO, P. H. S. M. ; CYRINO, E. S. . Efeito de diferentes intervalos de recuperação sobre a resistência de força em indivíduos de ambos os sexos. *Revista da Educação Física (UEM. Impresso)*, v. 24, p. 261-268, 2013.

54. CYRINO, E. S. ; SILVA, D.R.P. ; CUCATO, G. G. ; CASONATTO, J. ; AVELAR, A. ; TRINDADE, M. C. C. ; CYRINO, L. T. ; NASCIMENTO, M. A. . Comparação entre dois testes motores utilizados para análise da força/resistência muscular em mulheres jovens. *Revista Brasileira de Cineantropometria & Desempenho Humano (Impresso)*, v. 15, p. 315-325, 2013.

55. RITTI-DIAS, R. M. ; AVELAR, A. ; MENESES, A. L. ; SALVADOR, E. P. ; SILVA, D.R.P. ; CYRINO, E. S. . Segurança, reprodutibilidade, fatores intervenientes e aplicabilidade de testes de 1-RM. *Motriz : Revista de Educação Física (Online)*, v. 19, p. 231-242, 2013.

56. RIBEIRO, A. S. ; SILVA, D.R.P. ; NASCIMENTO, M. A. ; AVELAR, A. ; RITTI-DIAS, R. M. ; CYRINO, E. S. . Efeito da manipulação da ordem dos exercícios de força utilizando o sistema tri-set. *Revista Brasileira de Cineantropometria & Desempenho Humano (Impresso)*, v. 15, p. 527-534, 2013.

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